

Person Centered Recovery Orientation

A Convergence of Values and Practices

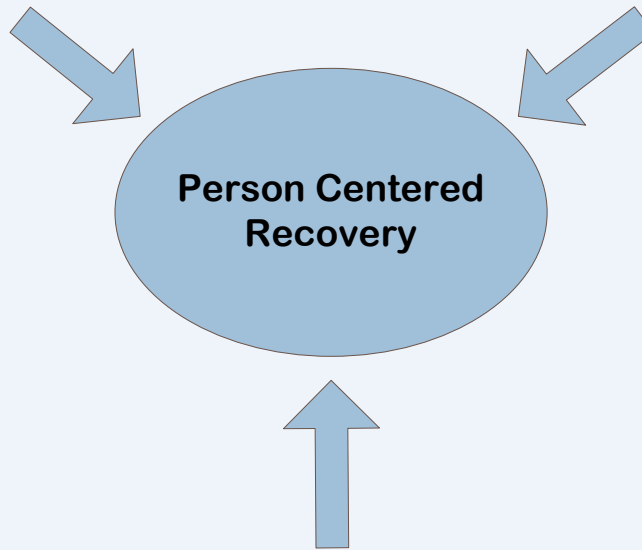
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In Mental Health and Developmental Disability Services

Person Centered
Individualized, flexible and natural
supports that promote informed
choice and partnership

In Chemical Dependency Services

Recovery Management
Promoting an individualized self-
directed, ongoing approach to
addiction recovery using
sustained partnerships in
community based settings



In Primary Health Care Services

**Disease Management
(Chronic Care Model)**
Promoting informed/active patients
& self-management using care
coordination & case management,
including patient Decision Support

From one-size-fits-all & symptom reduction to Person Centered Choice & Recovery

Traditional health care tended to be a one-size-fits-all affair. It was like the Model T Ford: You could have whatever color you wanted, as long as it was black. These traditional services also focused on removing sickness, rather than on improving health.

Today a number of trends in health care reveal a converging effort to foster services that are person centered and recovery oriented. These person centered approaches build services around the needs and choices of an individual, rather than asking the individual to fit into an existing service. Rather than seeking only to eliminate symptoms, recovery oriented services support people in achieving their life goals.